

**PROGRAMS FOR PARENTS, INC.**

**The Center for Excellence in Early Childhood Education**

*"Teaching, Management and Leadership"*

**PFP  
PDC**

2024-2025

**PROFESSIONAL DEVELOPMENT CALENDAR**

**Calendario para el desarrollo profesional**

Workshop Sessions for Child Care Center Directors and Staff, Family Child Care Providers, Approved Home Care Providers and Parents



**STRENGTHENING SKILLS,  
SUPPORTING GROWTH**

**PRACTICAL TRAINING  
FOR EARLY  
CHILDHOOD EDUCATION  
PROFESSIONALS!**

## **Programs for Parents has many OPPORTUNITIES for YOU!**

**W**e are offering in-person, online (virtual) training workshops. Would you and your staff benefit from participating in one of our workshops listed in the 2024–2025 Calendar? Well, all you have to do is log onto the New Jersey Workforce Registry at [www.njccis.com](http://www.njccis.com).

- 1.** Login and search Programs for Parents (training agency).
- 2.** Register for workshop(s) of interest. Closes 24 hours before the event start time.
- 3.** Once registered, a zoom link will be emailed to you up to 24 hours before the event.



*If you have further questions, contact Betty Arrington at 973-297-1114 ext. 4091. ([barrington@programsforparents.org](mailto:barrington@programsforparents.org))*



**Essex County's Child Care  
Resource and Referral Agency**

## Supporting Multi Language Learners & Building Cultural Responsiveness

**Presenter:** Betty Arrington

**Virtual—Free**

**6:00 pm–9:00 pm**

**Event ID: 144782**

**Part I—Tuesday, January 21, 2025**

**Part II—Tuesday, January 28, 2025**

**Event ID:144783**

**Part I—Thursday, May 15, 2025**

**Part II—Thursday, May 22, 2025**

This training is designed to provide teachers and caregivers with methods for supporting dual language learners and their families, as well as strategies for accommodating and promoting cultural diversity in the classroom. Participants will use what they learn throughout the training to create an action plan for their programs, which will support their professional growth as educators.

### ***Participants will learn:***

- how to identify the diverse demographics of the population we serve & define key concepts related to culture.
- the strategies for: building cultural and racial awareness; accommodating and promoting cultural identity; supporting dual language learners and building linguistic awareness.
- the stages, the benefits and impact of bilingualism on child development.
- the methods for accommodating, promoting bilingual skills in the classroom and bilingualism in parent-teacher interactions.

***Participants Must Register for and Attend Both Sessions for 6 Clock Hours***

## New Jersey Preschool Teaching and Learning Standards Overview

**Presenter:** Betty Arrington

**6:00 pm–9:00 pm**

**Virtual—Free**

**Event ID: 144762**

**Thursday, January 9, 2024**

**Event ID: 144817**

**Tuesday, June 24, 2025**

The goal of this course is to provide an overview of the key components of the New Jersey Preschool Teaching and Learning Standards. This course covers what a supportive learning environment should look like for all learners, including English language learners and those with special needs; how to effectively assess

the development of the children in our early learning programs; how to develop strong relationships among the families and communities we serve; and the process of selecting developmentally appropriate practices that help the children we care for reach their learning milestones.

### ***Participants will Learn:***

- how to navigate the New Jersey Preschool Teaching and Learning Standards.
- how to align work that is already occurring in the classroom with the preschool standards.
- how to identify standards that can be better met in order to meet the learning targets.

## Introducing Communication Techniques to Address Barriers in Children with Autism

**Presenter:** Zakkiyyah Sally

**6:00 pm–8:00 pm**

**Virtual—Free**

**Event ID: 144859**

**Wednesday, March 12, 2024**

This presentation is for caregivers and professionals who work with children in educational settings. This presentation will explore communication techniques in children with autism. Assistive Communication tools will be shared to support educators with developing a plan to address communication barriers. Strategies on linking with the community to support children with communication challenges in their learning environment will also be discussed.

### ***Participants will learn:***

- how to apply communication techniques to manage challenges with autism.
- the basic Assistive Communication tools that address communication barriers.
- the strategies for community linkages to support children with communication barriers.

## Empowering Choices: Encouraging Positive Behavior through Compassionate Guidance

**Presenter:** Simone Taylor

**6:00 pm–8:00 pm**

**Virtual—Free**

**Event ID:144944**

**Wednesday, March 19, 2025**

This workshop is designed to help early childhood educators and caregivers foster positive behavior by teaching children to make empowered choices. Through compassionate, child-centered guidance techniques, participants will learn how to encourage self-regulation, responsibility, and respect in their interactions with

children. The session will cover strategies for setting clear boundaries, offering choices, and using positive reinforcement, all aimed at helping children feel understood and motivated to make good decisions. By focusing on empathetic approaches, this workshop provides tools to manage challenging behaviors in a way that builds trust and encourages cooperative relationships. This workshop empowers educators to guide children compassionately, helping them develop essential skills in self-regulation and decision-making while building a positive, cooperative classroom culture.

**Participants will learn:**

- to explore effective ways to give children structured choices, helping them feel involved and valued in the decision-making process.
- to discover how to use positive reinforcement to reinforce good behaviors and foster a positive, supportive environment.
- to create a space where children feel safe, respected, and motivated to make positive choices, reducing challenging behaviors and enhancing overall classroom harmony.

### It's My Turn to Talk !: Encouraging Communication Skills in Young Children

**Presenter: Elisa Castillo**

**6:00 pm–8:00 pm**

**Virtual—Free**

**Event ID: 144936**

**Wednesday, May 21, 2024**

This interactive workshop is designed to help early childhood educators and caregivers foster strong communication skills in young children. In this session, participants will explore techniques to encourage children to express themselves, listen to others, and take turns speaking. Through engaging activities and practical examples, educators will learn how to create an environment that nurtures respectful and effective communication, which can be especially helpful when working with children who struggle with social interactions or exhibit challenging behaviors.

**Participants will learn:**

- strategies to teach children the importance of turn-taking and listening to others, building essential skills for effective communication.
- a variety of games, role-playing scenarios, and prompts that encourage children to articulate their thoughts and feelings in constructive ways.
- how to set up classroom routines and spaces that promote respectful communication, making it easier for children to practice and refine their speaking and listening skills.

### Developing a Positive Cultural Identity in Young Children

**Presenter: La'Keisha Ciprian**

**6:00 pm–8:00 pm**

**Virtual—Free**

**Event ID :144862**

**Tuesday, August 5, 2025**

This training discusses the importance of planning intentional experiences for children, focusing on positive cultural identity. It explores ways to invite families to define and express their ethnicity or culture. This session will also share appropriate instructional resources such as books and toys that expose children to role models from their own and other cultural backgrounds.

**Participants will learn:**

- how to plan intentional experiences for children that focus on positive cultural identity
- how to invite families to define and express their ethnicity or culture
- how to share appropriate instructional resources such as books and toys that expose children to role models from their own and other cultural backgrounds.

## FAMILY CHILD CARE PROVIDER

### Family Child Care Success Strategies: Business and Beyond

**Presenter: La'Keisha Ciprian**

**6:00 pm–8:00 pm**

**Virtual—Free**

**Event ID: 144863**

**Thursday, March 6, 2025**

This workshop covers the essential skills and knowledge needed to operate a successful home-based childcare business. These practices help family child care providers create a warm, well-organized, and sustainable business that prioritizes well-being and development.

**Participants will learn:**

- **Business Setup and Licensing:** Guides through the steps to establish a family childcare business, including obtaining necessary licenses, complying with state regulations, and setting up a safe and welcoming environment.
- **Marketing and Enrollment:** Covers strategies to attract and retain clients, such as building a strong

## FAMILY CHILD CARE PROVIDER

reputation, creating a marketing plan, using social media, and effectively communicating with prospective families.

- **Daily Operations and Scheduling:** Discusses planning daily routines, age-appropriate activities, meal planning, and sleep schedules to ensure a balanced, nurturing environment for children.
- **Ethics and Professionalism:** Covers ethical considerations in childcare, maintaining professionalism, respecting family diversity, and confidentiality in handling child and family information.

### From Brick to Brick : Tips on Opening a Successful Family Childcare Business

**Presenter:** Zakkiyah Sally

**9:00 am–1:00 am**

**In-Person:** 80 Main Street West Orange NJ

**Free**

**Event ID:** 144932

**Saturday, May 3, 2025**

This practical workshop is designed for family child care providers looking to establish and grow a thriving business. Participants will learn the importance of positioning themselves as business professionals and explore core business practices, including financial management, branding, and daily operational strategies. By building strong foundations, attendees will gain the confidence and skills needed to run an efficient, organized, and successful childcare business that reflects their unique values and strengths.

#### **Participants will learn:**

- gain an understanding of the essential steps required to start a family child care business, from licensing and regulations to preparing the physical space.
- guided through creating a foundational plan, covering aspects such as budgeting, marketing, and tax preparation.
- explore the importance of operational considerations, including health and safety protocols, insurance, and client policies, to build a strong, compliant foundation for their business.



## FAMILY ENGAGEMENT

### Family Engagement Foundational Skills for Early Childhood Professionals

**Presenter:** La'Keisha Ciprian

**6:00 pm–8:00 pm**

**Virtual—Free**

**Event ID:** 144780

**Thursday, January 16, 2025**

In this session participants will define Family Engagement and discuss how to foster engagement and quality interactions. They will learn strategies to manage family engagement in ways that are meaningful to their families. They will also explore communication delivery approaches that grow family and school connections.

#### **Participants will learn:**

- how to define Family Engagement and discuss what quality interactions look like
- how to define and build quality interactions
- how to manage engagement & interactions with communication

### Strengthening Families

The Strengthening Families Protective Factors Framework is a research-based approach that emphasizes techniques to support families in building their capacity for healthy caregiving and stronger childhood outcomes. There are five Protective Factors: Parental Resilience, Social Connections, Knowledge of Parenting and Child Development, Children's Social and Emotional Competence, and Concrete Supports in Times of Need. The Strengthening Families training helps teachers by giving them tools to create a more supportive and nurturing environment that fosters resilience, strengthens family connections, and promotes children's well-being.

#### **Participants will learn:**

- to gain insights into the challenges families face, which can help them empathize with students and provide appropriate support. They learn strategies to better engage with families and support them, especially in stressful situations.
- techniques for building strong relationships with both students and their families, improving the classroom atmosphere and making parents feel welcomed and involved in their child's education.
- how to build resilience not only in children but also in themselves by practicing self-care and managing stress effectively. The training emphasizes the importance of teachers' own well-being as they support students and families.
- practical strategies to help children develop emotional regulation, problem-solving, and relationship skills, which are crucial for both academic and personal success.



## FAMILY ENGAGEMENT

- how to connect families with resources, whether for basic needs or for support in times of crisis, helping create a safety net for families in need.

(Children's Trust Fund Alliance, 2024)

**Presenter :** Betty Arrington

**6:00 pm–8:00 pm**

**Virtual—Free**

**Parental Resilience:** This course focuses on the Parental Resilience Protective Factor. This training outlines the importance of Parental Resilience and provides strategies to use with families so they can build their capacity for healthy caregiving.

**Event ID: 144785**

**Thursday, January 30, 2025**

**Social Connections:** This course focuses on the Social Connections Protective Factor. This training outlines the importance of Social Connections and provides strategies to use with families so they can build their capacity for healthy caregiving.

**Event ID: 144822**

**Thursday, February 6, 2025**

**Knowledge of Parenting and Child Development:** This course focuses on the Knowledge of Parenting and Child Development Protective Factor. This training outlines the importance of Knowledge of Parenting and Child Development and provides strategies to use with families so they can build their capacity for healthy caregiving.

**Event ID: 144827**

**Thursday, February 13, 2025**

**Social and Emotional Competence:** This course focuses on the Social and Emotional Competence of Children Protective Factor. This training outlines the importance of social and emotional competence and provides strategies to use with families so they can build their capacity for healthy caregiving.

**Event ID: 144849**

**Thursday, February 20, 2025**

**Concrete Support:** This course focuses on the Concrete Support in Times of Need Protective Factor. This training outlines the importance of Concrete Support in Times of Need and provides strategies to use with families so they can build their capacity for healthy caregiving.

**Event ID: 144851**

**Thursday, February 27, 2025**

## HEALTH, SAFETY, AND CHILD GROWTH AND DEVELOPMENT: BASIC REQUIREMENT FOR LICENSING

**Required for Family Child Care Providers and Center-Based program staff working with children who receive subsidy and all staff in formerly license-exempt programs.**

This training provides an overview of the nine required health and safety topics as well as covering basic child development information required by the Child Care Development Block Grant (CCDBG). Participants will access important health and safety information and resources, view and reflect upon videos and animations, engage in interactive activities, complete quick knowledge checks, and make plans to apply what they've learned in their work with infants, toddlers, preschoolers, or school-age children.

**Presenter:** Betty Arrington

**Virtual—Free**

**Event ID: 144379**

**Part I –Thursday, December 5, 2024**

**6:00 pm-9:00 pm**

**Part II – Thursday, December 12, 2024**

**6:00 pm – 9:00 pm**

**Part III – Thursday, December 19, 2024**

**6:00 pm – 8:00 pm**

**Event ID: 144808**

**Part I – Tuesday, February 4, 2025**

**6:00 pm – 9:00 pm**

**Part II – Tuesday, February 11, 2025**

**6:00 pm – 9:00 pm**

**Part III – Tuesday, February 18, 2025**

**6:00 pm – 8:00 pm**

**Event ID: 144813**

**Part I – Thursday, April 3, 2025**

**6:00 pm – 9:00 pm**

**Part II – Thursday, April 10, 2025**

**6:00 pm – 9:00 pm**

**Part III – Thursday, April 17, 2025**

**6:00 pm – 8:00 pm**

**Event ID: 144815**

**Part I – Tuesday, June 3, 2025**

**6:00 pm – 8:00 pm**

**Part II – Tuesday, June 10, 2025**

**6:00 pm – 8:00 pm**

**Part III – Tuesday, June 17, 2025**

**6:00 pm – 8:00 pm**

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## HEALTH, SAFETY, AND CHILD GROWTH AND DEVELOPMENT: BASIC REQUIREMENT FOR LICENSING

### Identifying Child Abuse and Neglect: Mandated Reporting

**Presenter:** Betty Arrington

**6:00 pm- 8:00 pm**

**Virtual—Free**

This is a part of the Health and Safety Basics training required by the CCDBG Reauthorization. Participants will gain a better understanding of the types of child abuse and neglect, how to recognize signs and symptoms of child abuse and neglect, New Jersey's requirements for mandated reporting, and how to create and implement organization specific reporting policies.

#### **Participants will learn:**

- how to define the types and signs of child abuse & neglect.
- the details of NJ's requirements for Mandated Reporting.
- how to create organization-specific implementation policy.

**Event ID: 144855**

**Tuesday, March 11, 2025**

**Event ID: 144856**

**Thursday, May 29, 2025**

**Event ID: 144857**

**Tuesday, July 8, 2025**

**Event ID: 144858**

**Thursday, September 11, 2025**

## INFANT AND TODDLER TRAINING

### *The Program for Infant/Toddler Care's (PITC) Six Essential Program Practices for Relationship- Based Care*

#### **Overview**

The six essential program practices of the Program for Infant/Toddler Care (PITC) promote responsive, caring relationships between caregivers and the infants and toddlers they serve. Research suggests that high-quality early care and education programs for infants and toddlers that use a relationship-based care framework support optimal development and learning. Relationship-based program practices include: Primary Care, Small Groups, Continuity of Care, Individualized Care, Culturally Sensitive Care, and Inclusion of Children with Special Needs. The goal of this training is to support Infant Toddler Professionals in their developmental understanding and implementation of relationship-based program practice to support high quality infant/toddler care in both centers based and family child care settings, including Early Head Start. This series helps promote essential program practices to ensure quality within family child care and center-based programs that serve infants and toddlers.

#### **Participants will learn:**

- how to support infant and toddler development and learning.
- the Program for Infant /Toddler Care (PITC) six essential program practices and consider training implications for relationship-based care.

- to develop a customized training plan on relationship-based care using the PITC framework.

**Presenter:** Lori Ritchwood

**Location:** Programs for Parents—Newark

**570 Broad Street, Newark, NJ, 9th Floor**

**1:00 pm-3:00 pm**

**Primary care:** A practice in which the care of each infant or toddler is assigned to one specific infant and toddler teacher who is principally responsible for that child in the care setting.

**Event ID 144353, Tuesday, November 5, 2024**

**Continuity of care:** A practice in which primary caregivers and children stay together for the children's first 3 years—emphasizing continuity of routines and interactions throughout the day.

**Event ID: 144700, Tuesday, November 12, 2024**

**Culturally responsive care:** Responsive practices that acknowledge, respect, and engage families in sharing child-rearing practices that support the optimal development and care of their children in programs that reflect their home cultures and values.

**Event ID: 144701, Tuesday November 19, 2024**

**Small group size:** The number of children in care; understanding that the younger the child, the smaller the group size must be to support child-caregiver

relationships, responsive interactions, and self-regulation.

**Event ID: 144702, Tuesday November 26, 2024**

**Individualized care:** Being responsive and adapting to the unique cues and temperament of each child to support the child's healthy sense of self and optimal development.

**Event ID: 144703, Tuesday December 3, 2024**

**Inclusion:** Making high-quality care available to all children through appropriate accommodation and support.

**Event ID: 144704, Tuesday December 10, 2024**

## Sensational Sensory Activities for Twos

**Presenter Name: Simone Taylor**

**Virtual—Free**

**Event ID: 144366**

**Wednesday, December 11, 2024**

**6:00 pm-8:00 pm**

Sensory play is a fun way to support toddlers and twos cognitive development. During this session, we will examine the specific skills that children get from sensory play and learn how to use safe sensory activities with toddlers and twos.

### **Participants will learn:**

- how sensory play supports toddlers' cognitive development and brain development.
- skills that children learn when engaged in sensory play.
- how to use sensory activities with toddlers.

## Scribble, Squish, Paint! Early Experiences in Art for Toddlers

**Presenter: Simone Taylor**

**Virtual—Free**

**Event ID: 144761**

**Wednesday, January 8, 2025**

**6:00 pm-8:00 pm**

Open-ended art allows toddlers to express their creativity as they explore a variety of materials. Learn ways to support toddlers art experiences through fun and developmentally appropriate experiences. When caregivers use open-ended art, they allow children to build their developing skills and create new developmental neural pathways.

### **Participants will learn:**

- strategies to support open ended art experiences for toddlers and twos.

- engagement skills for rich conversations with a toddler about their artwork.
- developmentally appropriate art materials and activities that can be used in with toddlers and twos.

## NJ Birth to Three Early Learning Standards Overview

**Presenter: Betty Arrington**

**6:00 pm-9:00 pm**

**Virtual—Free**

This course provides an overview of the key components of New Jersey Birth to Three Early Learning Standards. Included is information on how to reference the New Jersey Birth to Three Early Learning Standards domains, components, and indicators in their everyday interactions with infants, toddlers, and families in order to achieve a common framework to increase communication and collaboration.

### **Participants will learn :**

- the five guiding principles that informed the New Jersey Birth to Three Early Learning Standards.
- how to identify why and how the standards are broken up into four age groups.
- the indicators, and strategies that make up the five domains for infant and toddler development.

**Event ID: 144751**

**Thursday, November 21, 2024**

**Event ID:144752**

**Tuesday, July 22, 2025**

## Zero to Three® The Growing Brain Infant and Toddler Training

The Zero to Three Critical Competencies for Infant-Toddler Educators define the specific evidenced-based teaching methods and practices that support and nurture young children's social-emotional, cognitive, and language and literacy development and learning.

**Presenters: Lori Ritchwood**

**6:00 pm-9:00 pm**

**Virtual—Free**

## Zero to Three® The Growing Brain— The Basics (Unit 1)

To understand how the brain grows and develops from conception through 5 years old.

### **Participants will learn:**

- the parts of the brain and their functions.

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## INFANT AND TODDLER TRAINING

- how nerve cells communicate and connect.
- understand neuroplasticity and the role of early experience in making connections between areas of the brain.

**EVENT ID:144895**

**Tuesday, July 1, 2025**

### **Zero to Three® The Growing Brain— The Factors Affecting Brain Growth and Development (Unit 2)**

To Understand key factors that affect brain development and how to support healthy overall brain development.

#### ***Participants will learn:***

- Identify Factors That Affect Brain Growth and Development
- Understand and Effect of Stress on Brain Development
- Learn About the 5 R's for Supporting Healthy Brain Development

**EVENT ID:144898**

**Tuesday, July 15, 2025**

### **Zero to Three® The Growing Brain— Communication and Language Development (Unit 3)**

To understand how communication and language skills develop in the first 5 years, the brain's role in the development of these skills, and how to support them.

#### ***Participants will learn:***

- Understand Communication Milestones From Birth to 12 Months
- Understand Communication Milestones From 12 Months to 36 Months
- Understand Communication Milestones From 3 to 5 Years

**EVENT ID: 144899**

**Tuesday, July 29, 2025**

### **Zero to Three® The Growing Brain— Cognition and Execution Function (Unit 4)**

To understand how young children develop cognitive and executive functions in relation to the developing brain.

#### ***Participants will learn:***

- Learn How Cognitive Development Unfolds
- Learn Ways to Support Cognitive Development in Young Children

- Learn About Executive Functioning and its Critical Role in Cognitive and Overall Development

**EVENT ID: 144900**

**Tuesday, August 12, 2025**

### **Zero to Three® The Growing Brain— Social Emotional Development (Unit 5)**

To understand how social—emotional development unfolds in the first 5 years and the brain's role in this process

#### ***Participants will learn:***

- Understand How Social-Emotional Development Unfolds in the First 5 Years and How to Support it in Young Children
- Identify Areas of the Brain Involved in Social Interactions and Emotional Reactions
- Understand the Role of Relationships and Attachment in Social – Emotional Development

**EVENT ID: 144901**

**Tuesday, August 26, 2025**

### **Zero to Three® The Growing Brain— Understanding Behavior (Unit 6)**

To understand how children's behavior is influenced by the brain

#### ***Participants will learn:***

- Understand Basic Brain Anatomy
- Understand the Connections Between the Various Areas of the Brain and How These Connections Are Expressed Through Behavior
- Understand the Key Factors That Influence Behavior

**EVENT ID: 144906**

**Tuesday, September 9, 2025**

### **Zero to Three® The Growing Brain— Everyday Play (Unit 7)**

To understand the stages and types of play that unfold in early childhood, the role of the brain in this process, and how to maximize children's learning through play. Participants will learn:

- Learn About the Development of Play
- Learn About the Difference Between Free and Guided Play
- Learn About the Core Skills Children Develop Through Play and How to Promote These Skills

**EVENT ID:144907**

**Tuesday, September 23, 2025**



## PROFESSIONALISM/ADMINISTRATION/ MANAGEMENT

### Discovering Your “True Colors” as a Leader

Presenters: Zakkiiyah Sally

6:00 pm-8:00 pm

Virtual—Free

Event ID: 144384

Wednesday, December 18, 2024

In this session you can discover your strengths, unique talents, and gifts as a leader by taking a personality assessment. This leads to further insight into your leadership style. Participants will identify ways to effectively communicate with individuals who you supervise, work with, or support in the community.

#### Participants will learn:

- Personality assessment tool to discover leadership strengths and talents.
- Strategies to reveal insight into leadership styles.
- Effective communication skills for supervision, colleagues and community.

### Strengthening Business Practices

Presenters: Betty Arrington

6:00 pm-9:00 pm

Virtual—Free

Event ID:144759

Part 1 Tuesday, January 7, 2025

Part 2 Tuesday, January 14, 2025

Event ID: 144860

Part 1 Thursday, August 7, 2025

Part 2 Thursday, August 14, 2025

Strengthening Business Practices for Child Care Programs training series addresses basic concepts in fiscal and operational management of center-based child care programs. These trainings are grounded in the belief that strong and sustainable child care businesses can support program initiatives aimed at improving outcomes for children.

#### Participants will learn:

- how to strengthen child care providers' foundational knowledge of fiscal terms, concepts, and practices.
- the definition of fiscal planning and strategies to sustain business operations.
- the definition of best practices and how to break down these fiscal processes.
- the definition of good business practices and strategies to build business.

## CPR AND FIRST AID BASIC TRAINING ENTRENAMIENTO EN RCP Y PRIMEROS AUXILIOS

Learn essential procedures for handling emergencies, sudden illnesses, and accidents in both adults and children.

**Aprenda los procedimientos esenciales para manejar emergencias, enfermedades repentinas y accidentes tanto en adultos como en niños.**

Participants who successfully complete this class will receive a CPR -First Aid and AED certificate recognized by the State of New Jersey

**Los participantes que completen con éxito esta clase recibirán un certificado de RCP: primeros auxilios y DEA reconocido por el estado de Nueva Jersey.**

#### Participants will Learn:

- Learn the fundamental principles of CPR, including chest compressions and rescue breaths, to provide effective support in emergencies.
- Gain hands-on experience in performing high-quality CPR for adults, children, and infants, including proper techniques for compression and ventilation.
- Understand how to properly operate an Automated External Defibrillator (AED) and its role in the chain of survival.

#### Los participantes aprenderán:

- Aprender los principios fundamentales de la RCP, incluidas las compresiones torácicas y las respiraciones de rescate, para brindar apoyo eficaz en emergencias.
- Adquirir experiencia práctica en la realización de RCP de alta calidad para adultos, niños y bebés, incluidas técnicas adecuadas de compresión y ventilación.
- Comprender cómo operar correctamente un Desfibrilador Externo Automático (DEA) y su papel en la cadena de supervivencia.

### CPR and First Aid Sessions for Family Child Care Providers, Family Friend Neighbor and Child Care Center Staff

\$60.00 per person

FREE: FCC & FFN Providers

**Programs for Parents—Newark**  
570 Broad Street, Newark, NJ, 9th Floor  
9:00 am-3:00 pm

*(See dates and sessions below)*

#### CPR and First Aid

Wednesday, November 20, 2024

Tuesday, December 17, 2024

Thursday, January 23, 2025

## CPR AND FIRST AID BASIC TRAINING ENTRENAMIENTO EN RCP Y PRIMEROS AUXILIOS

**Programs for Parents—Newark**  
570 Broad Street, Newark, NJ, 9th Floor  
9:00 am-3:00 pm (cont'd.)

Tuesday, February 11, 2025  
Thursday, March 20, 2025  
Tuesday, April 15, 2025  
Thursday, May 1, 2025  
Tuesday, June 10, 2025  
Thursday, July 24, 2025  
Tuesday, August 12, 2025  
Tuesday, September 24, 2025

**Español CPR y First Aid**  
Jueves, Noviembre 21, 2024  
Jueves, Enero 16, 2025  
Sábado, Febrero 1, 2025  
Jueves, Marzo, 13, 2025  
Sabado, Abril 5, 2025  
Jueves, Mayo 15, 2025  
Sabado, Junio 7, 2025  
Jueves, Julio, 17, 2025  
Sabado, Agosto 2, 2025  
Jueves, Septiembre, 18, 2025

**Programs for Parents—West Orange**  
80 Main Street, West Orange, NJ  
(see date and sessions below)

**CPR and First Aid**  
Saturday, December 7, 2024  
Saturday, January 25, 2025  
Saturday, February 1, 2025  
Saturday, March 1, 2025  
Saturday, April 12, 2025  
Saturday, May 31, 2024  
Saturday, June 14, 2025  
Saturday, July 19, 2025  
Saturday, August 2, 2025  
Saturday September 27, 2025

**Español CPR y First Aid**  
Sabado, Diciembre 14, 2024  
Sabado, Enero 4, 2025  
Sabado, Febrero 15, 2025  
Sabado, Marzo 8, 2025  
Sabado, Abril 5, 2025  
Sabado, Mayo 17, 2025  
Sabado, Junio 7, 2025  
Sabado, Julio 12, 2025  
Sabado, Agosto 16, 2025  
Sabado, Septiembre 20, 2025

## ENTRENAMIENTO ESPAÑOL

### **Rutinas Matutinas y Horarios de Círculo Eficaces y Exitosos: ¿Quién, qué, cuándo, dónde y por qué?**

**Presentadora: Elisa Castillo**  
6:00 pm-8:00 pm  
Virtua—Gratis  
**Identificador de evento: 144931**  
**Miércoles, 9 de Abril de 2025**

Esta capacitación está dirigida a proveedores de FCC, centros de cuidado infantil, directores, cuidadores y maestros. Su objetivo es mejorar la comprensión de los participantes sobre cómo hacer que las rutinas matutinas y el tiempo en círculo sean efectivos para ayudar a construir comunidad y aprendizaje. Además, los participantes desarrollarán una comprensión de cómo

apoyar y ayudar a desarrollar importantes habilidades académicas y sociales para los estudiantes en sus centros.

#### **Los participantes aprenderán:**

- la importancia de tener momentos de grupo eficaces para mejorar el aprendizaje. estrategias y herramientas para ayudar a promover relaciones receptivas.
- cómo resaltar estrategias y herramientas efectivas a usar en práctica diaria para promover las relaciones receptivas.
- cómo utilizar estrategias socioemocionales y académicas efectivas para apoyar el aprendizaje de los estudiantes en sus rutinas diarias.

## La resiliencia en los educadores

**Presentadora:** Angela Bayer-Persico

**9:00 am-11:00 am**

**Sabado, 11 Enero 2025**

**Virtual—Gratis**

**Identificador de evento: 144778**

¿Se siente agotado, abrumado o desconectado de la alegría de enseñar? Este taller está diseñado para educadores como usted que enfrentan los desafíos diarios de la profesión mientras se esfuerzan por inspirar a sus estudiantes. Exploramos los signos y síntomas del agotamiento y su impacto en su salud. Aprenda estrategias para controlar el estrés, la ansiedad y la fatiga por compasión específicas para los educadores. Desarrolle mecanismos de afrontamiento y prácticas de autocuidado para afrontar las demandas de la profesión con fuerza y claridad. Salga de este taller sintiéndose empoderado, equipado y listo para enfrentar los desafíos con una resiliencia renovada. Crearemos un espacio de apoyo para compartir experiencias, aprender unos de otros y desarrollar un plan personalizado para su bienestar.

### **Los participantes aprenderán:**

- cómo desarrollar estrategias de resiliencia para controlar el estrés, la ansiedad y la fatiga por compasión.
- técnicas efectivas para promover el afrontamiento y el autocuidado en su vida profesional y personal.
- Cómo crear un plan personalizado para su empoderamiento para construir bienestar.

## Coaching Emocional ¿Cómo ayudar a los niños a aprender a regular sus emociones?

**Identificador de evento: 144779**

**Presentadora:** Elisa Castillo

**6:00 pm-8:00 pm**

**Miércoles 15, Enero 2024**

**Virtual—Gratis**

Esta capacitación está dirigida a proveedores de FCC, centros de cuidado infantil, directores, cuidadores y maestros para garantizar que brinden a los niños pequeños un tiempo de círculo significativo que respalde estrategias socioemocionales equitativas y apropiadas para el desarrollo que ayuden a mejorar las oportunidades de aprendizaje de los estudiantes. El objetivo de esta capacitación es que los asistentes desarrollen una comprensión de cómo incorporar estrategias socioemocionales fundamentales en sus prácticas de enseñanza diarias para ayudar a los estudiantes jóvenes a regular sus emociones.



### **Los participantes aprenderán:**

- Estrategias y recursos socioemocionales efectivos que los proveedores pueden usar durante el tiempo del círculo para promover el aprendizaje.
- Cómo incorporar estrategias sociales socioemocionales positivas durante el tiempo del cuento y el tiempo del círculo.
- Cómo fomentar interacciones positivas e intencionales entre el personal y los niños durante las actividades diarias.

## Volver a lo básico

**Presentadora:** Angela Bayer-Persico

**9:00 am-11:00 aM**

**Identificador de evento: 144888**

**Sábado, 8 Febrero 2025**

**Virtual—Gratis**

Los participantes escucharán historias personales motivadoras e inspiradoras que reavivan la pasión por los conceptos básicos de la educación. Esta capacitación analizará la fatiga del educador que habita en nosotros. Explorará los problemas de salud mental con los que lidiamos y compartirá estrategias para establecer límites de manera efectiva para el bienestar y el cuidado personal.

### **Los participantes aprenderán:**

- cómo desarrollar un sentido de empatía y comprensión por sí mismos y sus colegas que experimentan fatiga por compasión.
- cómo usar la inspiración para priorizar su propio bienestar.
- cómo desarrollar estrategias prácticas para establecer límites

**cont'd. on next page**

### ¿Cómo comunicarse con familias?

**Presentadora:** Elisa Castillo

**6:00 pm-8:00 pm**

**Identificador de evento:** 144889

**Miércoles 12, Febrero 2024**

**Virtual—Gratis**

Este taller educativo está dirigido a proveedores de FCC, centros de cuidado infantil, directores, cuidadores y maestros para garantizar que construyan y establezcan relaciones respetuosas y receptivas con familias en sus centros. Además, los participantes comprenderán cómo las relaciones receptivas con familias en su centro ayudan a respaldar el desarrollo general de los niños.

#### **Los participantes aprenderán:**

- cómo utilizar estrategias y herramientas para promover relaciones receptivas.
- las estrategias para una comunicación efectiva para apoyar el aprendizaje de los niños.
- la definición de interacciones intencionales para niños y familias que brindan apoyo.

### El educador: el motivador de los pequeños humanos

**Presentador:** Angela Bayer-Persico

**9:00 am-11:00 am**

**Identificador de evento:** 144894

**Sábado, 8, Marzo 2025**

**Virtual—Gratis**

Los educadores tienen el futuro en sus aulas. Generamos un impacto con nuestras palabras, acciones e inacciones. Los participantes aprenderán a través de historias personales conmovedoras cuán importantes son nuestras acciones para los pequeños seres humanos. Obtendrán técnicas que se pueden aplicar en sus aulas para generar compromiso. Esta capacitación profundiza en las habilidades y estrategias esenciales que los educadores necesitan para encender la curiosidad e inspirar una pasión por el aprendizaje en sus estudiantes.

#### **Los participantes aprenderán:**

- identificar los tipos intrínsecos y extrínsecos de motivación estudiantil.
- diversos estilos de aprendizaje y su impacto en la participación estudiantil.
- cómo crear un entorno de aprendizaje positivo

### Opciones de empoderamiento: fomento del comportamiento positivo a través de una orientación compasiva

**Presentadora:** Angela Bayer-Persico

**9:00 am-11:00 am**

**Identificador de evento:** 144943

**Sábado, 3 de Mayo de 2025**

**Virtual—Gratis**

Este taller está diseñado para ayudar a los educadores y cuidadores de la primera infancia a fomentar un comportamiento positivo al enseñar a los niños a tomar decisiones empoderadas. A través de técnicas de orientación compasivas y centradas en los niños, los participantes aprenderán cómo fomentar la autorregulación, la responsabilidad y el respeto en sus interacciones con los niños. La sesión cubrirá estrategias para establecer límites claros, ofrecer opciones y utilizar refuerzo positivo, todo ello destinado a ayudar a los niños a sentirse comprendidos y motivados para tomar buenas decisiones. Al centrarse en enfoques empáticos, este taller proporciona herramientas para gestionar comportamientos desafiantes de una manera que genere confianza y fomente relaciones de cooperación. Este taller capacita a los educadores para guiar a los niños con compasión, ayudándolos a desarrollar habilidades esenciales en la autorregulación y la toma de decisiones mientras construyen una cultura de aula positiva y cooperativa.

#### **Los participantes aprenderán:**

- Explorar formas efectivas de brindarles a los niños opciones estructuradas, ayudándolos a sentirse involucrados y valorados en el proceso de toma de decisiones.
- Descubrir cómo utilizar el refuerzo positivo para reforzar los buenos comportamientos y fomentar un ambiente positivo y de apoyo.
- Crear un espacio donde los niños se sientan seguros, respetados y motivados para tomar decisiones positivas, reduciendo conductas desafiantes y mejorando la armonía general en el aula

### ¡Es mi turno de hablar!: Fomentando las habilidades comunicativas en los niños pequeños

**Presentadora:** Elisa Castillo

**6:00 pm - 8:00 pm**

**Virtual—Gratis**

**ID de evento:** 144941

**14 de Mayo del año 2024**

Este taller está diseñado para ayudar a los educadores y cuidadores de la primera infancia a estimular la



comunicación y el lenguaje de los niños pequeños. Los participantes explorarán técnicas para desarrollar la expresión verbal y la comunicación de los niños. También aprenderán estrategias que les ayudarán a establecer la autorregulación y cómo escuchar primero a los demás antes de hablar. Los educadores aprenderán cómo crear y desarrollar un ambiente que fomente la comunicación respetuosa y efectiva entre niños y adultos a través de actividades estimulantes y prácticas. Estas habilidades son útiles cuando se trabaja con niños que tienen dificultades con las interacciones sociales o exhiben comportamientos desafiantes.

**Los participantes aprenderán:**

- Estrategias prácticas sobre cómo enseñar a los niños la importancia de turnarse y escuchar a los demás antes de actuar.
- Cómo desarrollar una comunicación efectiva entre niños y educadores.
- Cómo utilizar una variedad de actividades prácticas que ayuden a los niños a expresar sus pensamientos y sentimientos de manera constructiva.
- ¿Cómo se pueden establecer rutinas que promuevan una comunicación respetuosa, facilitando que los niños practiquen y perfeccionen sus habilidades de hablar y escuchar?

**Consejos para Abrir un Negocio de Cuidado Infantil Familiar Exitoso**

**Presentadora: Angela Bayer-Persico**

**9:00 am-11:00 am**

**ID de evento: 144945**

**Sábado, 17 de Mayo de 2025**

**Virtual-Gratis**

Este taller práctico está diseñado para proveedores de cuidado infantil familiar que buscan establecer y hacer crecer un negocio próspero. Los participantes aprenderán la importancia de posicionarse como profesionales de negocios y explorarán prácticas comerciales básicas, incluida la gestión financiera, la marca y las estrategias operativas diarias. Al construir bases sólidas, los asistentes obtendrán la confianza y las habilidades necesarias para administrar un negocio de cuidado infantil eficiente, organizado y exitoso que refleje sus valores y fortalezas únicos.

**Los participantes aprenderán:**

- Comprender los pasos esenciales necesarios para iniciar un negocio de cuidado infantil familiar, desde las licencias y las regulaciones hasta la preparación del espacio físico.
- guiado a través de la creación de un plan fundamental, que cubra aspectos como la elaboración de presupuestos, el marketing y la preparación de impuestos.
- Explorar la importancia de las consideraciones operativas, incluidos los protocolos de salud y seguridad, los seguros y las políticas de los clientes, para construir una base sólida y de cumplimiento para su negocio.



## 2024-2025 TRAINING AT-A-GLANCE

## DECEMBER 2024

**Day/Date**

Tues. Dec. 3 2024  
 Thurs. Dec. 5 2024  
 Sat. Dec. 7 2024  
 Tues. Dec. 10 2024  
 Wed., Dec. 11, 2024  
 Sabado, Dic. 14, 2024  
 Thurs. Dec. 12 2024  
 Tues. Dec. 17 2024  
 Wed. Dec. 18 2024  
 Thurs. Dec. 19 2024

**Title**

PITC-Six Essential Practices-Individualized Care  
 Health, Safety, and Child Growth and Development 1  
 CPR and First Aid Training  
 PITC-Six Essential Practices-Inclusive Care  
 Sensational Sensory Activities for Twos  
 Español CPR y First Aid  
 Health, Safety, and Child Growth and Developmen Dayt 2  
 CPR and First Aid Training  
 Discovering Your “True Colors” as a Leader  
 Health, Safety, and Child Growth and Development 3

**Time**

1:00pm-3:00pm  
 6:00pm-9:00pm  
 9:00am-3:00pm  
 1:00pm-3:00pm  
 6:00pm-8:00pm  
 9:00am-3:00pm  
 6:00pm-9:00pm  
 9:00am-3:00pm  
 6:00pm-8:00pm  
 6:00pm-9:00pm

**Place**

In Person/144703  
 Virtual/144379  
 West Orange  
 In Person/144704  
 Virtual/144366  
 West Orange  
 Virtual/144379  
 Newark  
 Virtual/144384  
 Virtual/144379

## JANUARY 2025

**Day/Date**

Sabado, Enero 4, 2025  
 Tues. Jan. 7 2025  
 Wed. Jan. 8 2025

**Title**

Español CPR y First Aid  
 Strengthening Business Practices 1  
 Scribble, Squish, Paint!  
 Early Experiences in Art for Toddlers  
 New Jersey Preschool Teaching  
 and Learning Standards Overview  
 La resiliencia en los educadores  
 Strengthening Business Practices 2  
 Coaching Emocional ¿Cómo ayudar a los  
 niños a aprender a regular sus emociones?

**Time**

9:00am-3:00pm  
 6:00pm-9:00pm  
 6:00pm-8:00pm  
 6:00pm-9:00pm  
 9:00am-11:00 am  
 6:00pm-9:00pm  
 6:00pm-8:00pm

**Place**

West Orange  
 Virtual/144759  
 Virtual/144761  
 Virtual/144762  
 Virtual/144778  
 Virtual/144759  
 Virtual/144779

Thurs. Jan. 9 2025

Family Engagement Foundational Skills  
 for Early Childhood Professionals

6:00pm-8:00pm

Virtual/144780

Tues., Jan. 21, 2025

Supporting Multi Language Learners 1

6:00pm-9:00pm

Virtual/144782

Thurs., Jan. 23, 2025

CPR and First Aid Training

9:00am-3:00pm

Newark

Sat., Jan. 25, 2025

CPR and First Aid Training

9:00am-3:00pm

West Orange

Tues., Jan. 28, 2025

Supporting Multi Language Learners 2

6:00pm-9:00pm

Virtual/144782

Thurs., Jan. 30, 2025

Strengthening Families-Resilience

6:00pm-8:00pm

Virtual/144785

## FEBRUARY 2025

**Day/Date**

Sábado,Febrero 1, 2025  
 Sat., Feb. 1, 2025  
 Tues., Feb. 4, 2025  
 Thurs., Feb. 6, 2025  
 Sat., Feb. 8, 2025  
 Tues., Feb. 11, 2025  
 Tues., Feb. 11, 2025  
 Thurs., Feb. 13, 2025

**Title**

Español CPR y First Aid  
 CPR and First Aid Training  
 Health, Safety, and Child Growth and Development 1  
 Strengthening Families-Social Connections  
 Volver a lo básico  
 CPR and First Aid Training  
 Health, Safety, and Child Growth and Development 2  
 Strengthening Families-Knowledge  
 of Parenting and Child Development  
 ¿Cómo comunicarse con familias?  
 Español CPR y First Aid  
 Health, Safety, and Child Growth and Development 3  
 Strengthening Families-Social and Emotional Competence  
 Strengthening Families-Concrete Support

**Time**

9:00 am-3:00pm  
 9:00am-3:00pm  
 6:00pm-9:00pm  
 6:00pm-8:00pm  
 9:00am-11:00am  
 9:00am-3:00pm  
 6:00pm-9:00pm  
 6:00pm-8:00pm  
 6:00pm-8:00pm  
 6:00pm-8:00pm  
 9:00am-3:00pm  
 6:00pm-9:00pm  
 6:00pm-8:00pm  
 6:00pm-8:00pm

**Place**

Newark  
 West Orange  
 Virtual/144808  
 Virtual/144822  
 Virtual/144888  
 Newark  
 Virtual/144808  
 Virtual/144827  
 Virtual/144889  
 In Person  
 Virtual/144808  
 Virtual/144849  
 Virtual/144851

Wed., Feb. 12, 2025

¿Cómo comunicarse con familias?

6:00pm-8:00pm

Virtual/144827

Sat., Feb. 15, 2025

Español CPR y First Aid

6:00pm-8:00pm

Virtual/144889

Tues., Feb. 18, 2025

Health, Safety, and Child Growth and Development 3

9:00am-3:00pm

In Person

Thurs., Feb. 20, 2025

Strengthening Families-Social and Emotional Competence

6:00pm-9:00pm

Virtual/144808

Thurs., Feb. 27, 2025

Strengthening Families-Concrete Support

6:00pm-8:00pm

Virtual/144851

## MARCH 2025

**Day/Date**

Sat. Mar. 1 2025  
 Thurs. Mar. 6 2025  
 Sabado, Marzo 8, 2025  
 Sat. Mar. 8 2025  
 Tues. Mar. 11 2025  
 Wed., Mar. 12, 2025

**Title**

CPR and First Aid Training  
 Family Childcare Success Strategies: Business and Beyond  
 Español CPR y First Aid  
 El educador: el motivador de los pequeños humanos  
 Identifying Child Abuse and Neglect: Mandated Reporting  
 Introducing Communication Techniques  
 to Address Barriers in Children with Autism

**Time**

9:00am-3:00pm  
 6:00pm-8:00pm  
 9:00am-3:00pm  
 9:00am-11:00 am  
 6:00pm-8:00pm  
 6:00pm-8:00pm  
 9:00am-3:00pm

**Place**

West Orange  
 Virtual/144863  
 West Orange  
 Virtual/144894  
 Virtual/144855  
 Virtual/144859  
 In Person

Jueves, Marzo, 13, 2025  
 Wed., Mar. 19, 2025

Español CPR y First Aid  
 Empowering Choices: Encouraging  
 Positive Behavior through Compassionate Guidance  
 CPR and First Aid Training

6:00pm-8:00pm  
 9:00am-3:00pm

Virtual/144859  
 In Person

Thurs., Mar. 20, 2025

CPR and First Aid Training

6:00pm-8:00pm  
 9:00am-3:00pm

Virtual/144944  
 Newark

## APRIL 2025

**Day/Date**

Thurs., April 3, 2025  
 Sat., April 5, 2025  
 Sat., April 5, 2025  
 Wed., April 9, 2025

**Title**

Health, Safety, and Child Growth and Development 1  
 Español CPR y First Aid  
 Español CPR y First Aid  
 Rutinas Matutinas y Horarios de Círculo Eficaces y Exitosos:  
 ¿Quién, qué, cuándo, dónde y porqué?  
 Health, Safety, and Child Growth and Development 2  
 Opciones de empoderamiento: fomento del comportamiento  
 positivo a través de una orientación compasiva  
 CPR and First Aid Training  
 CPR and First Aid Training  
 Health, Safety, and Child Growth and Development 3

**Time**

6:00pm-9:00pm  
 9:00 am-3:00pm  
 9:00 am-3:00pm  
 6:00pm-8:00pm  
 6:00pm-9:00pm  
 6:00pm-8:00pm  
 9:00 am-3:00pm  
 9:00 am-3:00pm  
 6:00pm-8:00pm

**Place**

Virtual/144813  
 Newark  
 West Orange  
 Virtual/144933  
 Virtual/144813  
 Virtual/144943  
 West Orange  
 Newark  
 Virtual/144813

Thurs., April 10, 2025

Health, Safety, and Child Growth and Development 2

6:00pm-9:00pm

Virtual/144933

Sat., April 12, 2025

Opciones de empoderamiento: fomento del comportamiento  
 positivo a través de una orientación compasiva

6:00pm-8:00pm

Virtual/144943

Tues., April 15, 2025

CPR and First Aid Training

9:00 am-3:00pm

West Orange

Thurs., April 17, 2025

CPR and First Aid Training

9:00 am-3:00pm

Newark

Thurs., April 17, 2025

Health, Safety, and Child Growth and Development 3

6:00pm-8:00pm

Virtual/144813

## MAY 2025

Day/Date	Title	Time	Place
Thurs., May 1, 2025	CPR and First Aid Training	9:00 am-3:00pm	In Person
Sat., May 3, 2025	From Brick to Brick: Tips on Opening a Successful Family Child Care Business	9:00 am-11:00 am	West Orange/144932
Sabado, Mayo 3, 2025	Opciones de empoderamiento: fomento del comportamiento positivo a través de una orientación compasiva	9:00 am-11:00 am	Virtual/144943
Wed., May 14, 2025	¡Es mi turno de hablar!: Fomentando las habilidades comunicativas en los niños pequeños	6:00 pm-8:00pm	Virtual/144941
Thurs., May 15, 2025	Supporting Multi Language Learners 1	6:00pm-9:00pm	Virtual/144783
Thurs., May 15, 2025	Español CPR y First Aid	9:00 am-3:00pm	Newark
Sabado, Mayo 17, 2025	Español CPR y First Aid	9:00 am-3:00pm	West Orange
Sat., May 17, 2025	Consejos para Abrir un Negocio de Cuidado Infantil Familiar Exitoso	6:00 pm-8:00pm	Virtual/144945
Wed., May 21, 2025	It's My Turn to Talk !: Encouraging Communication Skills in Young Children	6:00 pm-8:00pm	Virtual/144936
Thurs., May 22, 2025	Supporting Multi Language Learners 2	6:00 pm-9:00pm	Virtual/144783
Thurs. May 29 2025	Identifying Child Abuse and Neglect: Mandated Reporting	6:00pm-8:00pm	Virtual/144856
Sat., May 31, 2024	CPR and First Aid Training	9:00 am-3:00pm	West Orange

## JUNE 2025

Day/Date	Title	Time	Place
Tues., June 3, 2025	Health, Safety, and Child Growth and Development 1	6:00pm-9:00pm	Virtual/144815
Sat., June 7, 2025	Español CPR y First Aid	9:00 am-3:00pm	Newark
Sunday, June 8, 2025	Español CPR y First Aid	9:00 am-3:00pm	West Orange
Tues., June 10, 2025	Health, Safety, and Child Growth and Development 2	6:00pm-9:00pm	Virtual/144815
Tues., June 10, 2025	CPR and First Aid Training	9:00 am-3:00pm	Newark
Tues., June 10, 2025	CPR and First Aid Training	9:00 am-3:00pm	West Orange
Sat., June 14, 2025	Health, Safety, and Child Growth and Development 3	6:00pm-8:00pm	Virtual/144815
Tues., June 17, 2025	New Jersey Preschool Teaching and Learning Standards Overview	6:00pm-9:00pm	
Virtual/144817			
Tues., June 24, 2025			

## JULY 2025

Day/Date	Title	Time	Place
Tues., July 1, 2025	Zero to Three© The Growing Brain— Unit 1-The Basics	6:00pm-9:00pm	Virtual/144895
Tues., July 8, 2025	Identifying Child Abuse and Neglect: Mandated Reporting	6:00pm-8:00pm	Virtual/144857
	Zero to Three© The Growing Brain— The Factors Affecting Brain Growth and Development (Unit 2)	6:00pm-9:00pm	Virtual/144898
Tues., July 15, 2025	Español CPR y First Aid	9:00 am-3:00pm	Newark
Thurs., July 17, 2025	CPR and First Aid Training	9:00 am-3:00pm	West Orange
Sat., July 19, 2025	NJ Birth to Three Early Learning Standards Overview	6:00pm-9:00pm	Newark/144752
Tues., July 22, 2025	CPR and First Aid Training	9am-3:00pm	In Person
Thurs., July 24, 2025	Zero to Three© The Growing Brain— Communication and Language Development (Unit 3)	6:00pm-9:00pm	Virtual/144899
Tues., July 29, 2025			

## AUGUST 2025

Day/Date	Title	Time	Place
Sat. Aug. 2 2025	Español CPR y First Aid	9:00 am-3:00pm	In Person
Sat. Aug. 2 2025	CPR and First Aid Training	9:00 am-3:00pm	West Orange
Tues. Aug. 5 2025	Developing a Positive Cultural Identity in Young Children	6:00pm-8:00pm	Virtual/144862
Thurs. Aug. 7 2025	Strengthening Business Practices 1	6:00pm-9:00pm	Virtual/144860
	Zero to Three© The Growing Brain— Cognition and Execution Function (Unit 4)	6:00pm-9:00pm	Virtual/144900
Tues. Aug. 12 2025	CPR and First Aid Training	9:00 am-3:00pm	In Person
Tues. Aug. 12 2025	Strengthening Business Practices 2	6:00pm-9:00pm	Virtual/144860
Thurs. Aug. 14 2025	Español CPR y First Aid	9:00 am-3:00pm	West Orange
Sabado, Aug. 16, 2025	Zero to Three© The Growing Brain— Social Emotional Development (Unit 5)	6:00pm-9:00pm	Virtual/144901
Tues. Aug. 26 2025			

## SEPTEMBER 2025

Day/Date	Title	Time	Place
Virtual/144906	Zero to Three© The Growing Brain— Understanding Behavior (Unit 6)	6:00pm-9:00pm	
Tues., Sept. 9, 2025	Identifying Child Abuse and Neglect: Mandated Reporting	6:00pm-8:00pm	Virtual/144858
Thurs. Sept. 11 2025	Español CPR y First Aid	9:00 am-3:00pm	Newark
Thurs. Sept. 18 2025	CPR and First Aid Training	9:00 am-3:00pm	West Orange
Sabado, Sept. 20, 2025	Zero to Three© The Growing Brain—Everyday Play (Unit 7)	6:00pm-9:00pm	Virtual/144907
Tues., Sept. 23, 2025	CPR and First Aid Training	9:00 am-3:00pm	Newark
Wed., Sept. 24, 2025	CPR and First Aid Training	9:00 am-3:00pm	West Orange
Sat., Sept. 27, 2025			
Thurs. Aug. 14 2025	Español CPR y First Aid	9:00 am-3:00pm	West Orange
Sabado, Aug. 16, 2025	Zero to Three© The Growing Brain— Social Emotional Development (Unit 5)	6:00pm-9:00pm	Virtual/144901
Tues. Aug. 26 2025			



**PAYMENTS** are due at registration by calling (973)744-4050, Ext. 1003. Payments can only be made with money orders or credit cards.

**Cash is not accepted.**

**Los PAGOS** se vencen en el momento de la inscripción llamando al (973)744-4050 Ext. 1003. Solo se pueden hacer pagos con giros postales o tarjetas de crédito. **No aceptamos dinero en efectivo.**

Training costs vary and registration is required unless otherwise noted.

Los costos de capacitación varían y es necesario registrarse a menos que se indique lo contrario.



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*Ensuring Children Get The Best Possible Start In Life*

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### REGISTRATION INSTRUCTIONS/OPTIONS

For more information about our trainings or in case of inclement weather, call the Lead Trainer (973) 297-1114, ext. 4091.

The professional development calendar is available on our website: ([www.programsforparents.org](http://www.programsforparents.org)).

To register for classes or to become a member of the NJ Workforce Registry, go to: <https://www.njccis.com/njccis/home>

#### **Policies:**

Programs for Parents requires registration and payment (if applicable) in advance.

Registration is on a first come, first served basis. Your payment is your commitment to attend.

*Virtual, Hybrid or in person options are available. All workshops are FREE unless otherwise indicated. All workshops receive clock hours and/or CEU's unless otherwise indicated.*

*Walk-ins may not be accepted if the class is full. For walk-in, call ahead to ensure availability and only credit cards or money orders will be accepted as payment.*

*Workshop start times are as indicated. A ten-minute grace period will be allowed for weather and traffic issues. After such time, there will be no exceptions for entering a session. Due to liability, children may not accompany parents to workshops.*

### INSTRUCCIONES PARA REGISTRARSE Y OPCIONES

Para más información sobre los talleres o en caso de las inclemencias del tiempo, llama al (973) 297-1114, ext. 4091

Para inscribirse en clases o convertirse en un miembro del registro, visite <https://www.njccis.com/njccis/home>

#### **Políticas:**

Programs for Parents requiere registro y pago (si corresponde) por adelantado. La inscripción se realiza por orden de llegada. Su pago es su compromiso de asistir. Nuestra política de reembolso está en su carta de confirmación. También proporcionamos asistencia técnica. Por favor llame para obtener información detallada.

*All workshops are aligned using NJ's Core Knowledge and Competencies. All curriculum-based workshops are aligned using NJ Department of Education Preschool Teaching & Learning Expectations: Standards of Quality, Birth-to-Three Early Learning Standards and School-Age*

*No Children allowed to attend in- person training.*

*No se permite que los niños asistan a capacitaciones en persona.*

*For driving directions to our training locations or for additional information about Programs for Parents visit our website at [www.programsforparents.org](http://www.programsforparents.org).*

### PARKING

80 Main Street, West Orange NJ 07050—Lot (Free)  
570 Broad Street, Newark NJ 07102—Various Lots near facility (Fees Vary)